



Thanks to the generous support of corporate donors, private foundations, government agencies, volunteers, business partners and individuals, Options for Community Living, Inc. was able to help more than 2,000* Long Islanders with their housing and service needs in 2018. Outputs and outcomes include:

SUPPORTING IMPROVED HEALTH & WELLNESS

CARE COORDINATION AND CASE MANAGEMENT

→ **1,424 LONG ISLANDERS – ADULTS AND CHILDREN** received Options Medicaid-funded care coordination services



For those with active enrollment at the end of 2018:

→ **94% OF ADULTS** in care coordination services were linked with a primary healthcare provider and 98% of those linked to care visited their doctor at least once during the year.

→ **88% OF ADULTS** in need of specialty care were connected to a specialty healthcare provider and 99% of those individuals visited their doctor at least once during the year.

→ **89% OF ADULTS** who take medications (non-retroviral) demonstrated good adherence.

→ **130 ADULTS WERE ASSISTED** through Ryan White-funded programs for those living with HIV/AIDS or at SERIOUS RISK. Services include outreach and engagement, case management, health education and insurance enrollment.



→ Through medication adherence, **90% OF ADULTS** receiving Ryan White-funded services achieved viral suppression at their most recent assessment. This means the amount of HIV in the blood has been reduced to a very low level. 72% were “undetectable” indicating the viral load is so low that it doesn’t show up in a standard lab test. Undetectable = Untransmittable!

HOME AND COMMUNITY BASED SERVICES (NEW IN 2018!)

→ **41 ADULTS WITH SERIOUS MENTAL ILLNESS OR SUBSTANCE USE DISORDER** received individualized services in their home or community empowering them to achieve personal goals. Goals include: independent living skills like cooking and budgeting, health and fitness, anger/stress management, peer support, and vocational and educational goals.

IMPACTING HOMELESSNESS ON LONG ISLAND

HOUSING PROGRAMS AND INITIATIVES

→ **150 ADULTS RECOVERING FROM SERIOUS MENTAL ILLNESS** were served through Options’ NYS Office of Mental Health licensed community residence program. This residential program is transitional in nature and helps participants improve their health and well-being and develop skills for independent living.



→ **353 LONG ISLANDERS** resided in our affordable supportive housing for adults recovering from mental illness.

→ **93% OF TENANTS** in mental health supportive housing retained their housing placement or were discharged to a situation of equal or greater independence.

→ **122 ADULTS** residing in mental health supportive housing in Suffolk County received enhanced support via Options’ Mobile Residential Support Team.



→ **95% OF CLIENTS** receiving Mobile Residential Support Services maintained stable residency or moved to more independent living. Additional accomplishments include a significant reduction in medical and psychiatric emergency room use and improved participation in wellness activities.



→ **211 PEOPLE – ADULTS AND CHILDREN** – were housed in our supportive housing program for homeless individuals and families with disabilities and/or HIV/AIDS. 93% of tenants retained their housing placement or were discharged to a situation of equal or greater independence.

→ **58 ADULTS** were provided financial assistance to obtain housing or prevent eviction.

→ **30 HOMELESS ADULTS** were housed with the assistance of long-term rent subsidies. Tenants’ stability is demonstrated with an average length of stay of more than two years for those housed.



Options for Community Living, Inc. has been accredited by the Commission on Accreditation of Rehabilitation Facilities, CARF, since 2000. The mission of CARF is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process and continuous improvement services that center on enhancing the lives of persons served.

The most recent survey, conducted in November of 2018, resulted in a three-year accreditation of the following programs: Mental Health Residential Programs and Care Coordination/Case Management for adults and children.

* Individuals may participate in more than one program. All attempts have been made to eliminate duplication of individuals counted.